

# WALVIS BAY / KUISEBMOND POWER WOMEN BENEFICIARY PROJECT

---

*Kuisebmond* is a suburb of the port city of Walvis Bay, which was named after the Kuiseb dry river. This district was reserved for black workers during the South African apartheid regime, and a large part of Walvis Bay's 40.000 residents still live here today.

*Kuisebmond* has the second highest infection rate in the country for HIV-positive people. Against this background, it becomes clear why many formerly disadvantaged people live here: Orphans, single parents and unemployed mothers. Many workers and employees are barely able to adequately care for their families because of their low income.

With the support of our project help, we were able to supply at least 2% of the impoverished households. It seems like a drop in the bucket, but our help is infinitely valuable to these people.

## Report from Juringa Naris

I am **Juringa Naris**, single mother and 39 years old.

I have four biological children and one adopted child: the son of my late sister (my youngest brother's wife, who died when the little one was five months old).



Little **Zain** is now 26 months old and has been with me whole of his life.

I also live in Kuisebmond with my children. I am one of the residents who help others who are in dire need, and that's why my little house is called "*Huis van genade*" ("*House of Mercy*").

I am a member of the well-known **Aitsama Khaibasen Women's Charity Gruppe** from Kuisebmond and also a member of the Power Women Group, which has since established itself as a **LIA - Ladies in Action**.

*(Photo: Konny von Schmettau with my little Zain)*



Along with **Konny von Schmettau** on that day we looked after seven families, and in the evening I also distributed food packages to another seven households with my two brothers.

Unfortunately we could not take photos in some of the huts.



## WALVIS BAY / KUISEBMOND POWER WOMEN BENEFICIARY PROJECT

---

**Justina** is a single mother with two sons who live in a poor hut opposite my small house.

Her eldest son **Simon** is friends with my son, so I learned that Justina is fighting a daily struggle to survive.

Simon takes care of his little brother during the day, who is still a baby while Justina goes to work. Simon was at home when Konny and I came to them and was very happy about our family food package



**Lea** is an unemployed mother and needs care after having a stroke in 2019.

Lea lives with her late sister's mentally disabled daughter Cathleen.

They depend on a low level of social support. Despite her disability, Lea works wherever she can by selling Tupperware and doing laundry and ironing for other families.

**Coleen** is the mother of three children and lives with them in the house of her partner. They all live from their partner's small income, who also takes responsibility for his ex-wife and their children and pays alimony.

Coleen's daughter recently became a mother herself, so the little they have has to be shared again.



**Bulanie** lives in my parents' neighborhood, so I know how hard she struggles with her large family to survive on a daily basis.

The only meal for all of them includes only 10 kg of corn, 10 kg of sugar, oil for cooking and bread flour every month (!). That seems impossible for us, but for the children in their home, safety means more than a healthy daily meal.

Bulanie shed tears when we brought her a large food package, and the following morning she wrote me a text message that touched me deeply.

She praised God and us who we helped.

## WALVIS BAY / KUISEBMOND POWER WOMEN BENEFICIARY PROJECT

---



Grandma **Katrina** is a retired pensioner who lives with eight grandchildren of her two deceased daughters.

She is also a member of our women's group **Aitsama Khaibasen Women's Charity Group** and was overjoyed with our food.



In the informal Kuisebmond district called *Tutalenj*, we supplied three households with food.

**Consetha** runs a preschool (which has been closed for several weeks due to the state of emergency).

She is a cheerful woman, married to an electrician.

With her warm and funny nature, she tirelessly cares for many children whose parents cannot pay the monthly fee.

Despite all adversity, it exudes a wonderfully positive energy.



**Ochurus** is a single mother with four children who live together in a hut without electricity and water.

The youngest child is only four months old.

**Airos** is a married mother with seven children and ten grandchildren. Her husband is unemployed, so they are dependent on her household job. All children and grandchildren live in her little house.

All three recipients, who live in poorest conditions, thanked us with songs of thanks.

We were very touched by this gift to us.



## WALVIS BAY / KUISEBMOND POWER WOMEN BENEFICIARY PROJECT

---



**Rita** works as a domestic helper and has four children with whom she lives in a small hut.

She also asks for work in other houses and does washing and ironing to look after her children.



Anastacia and Judith are single mothers and grandmothers.



**Anastacia**, who has seven grandchildren to care for, had to quit her job because of her severe diabetes.

**Judith** looks after the children of her extended family who live in the country.

Judith works as a cleaning lady in a company three days a week.



*"It is important to honor the elderly who cared for us with so much love, when we couldn't do it ourselves."*

**We say T H A N K Y O U  
to all donors for the support!**

This initiative was founded by  
**Konny von Schmettau** (Swakopmund, Namibia) and **Anja Neuhaus** (Wesel, Germany)